

Something Sweet!!

Warm Homemade Apple Crumble €5.95

Sauce Anglaise – Contains 1,2,3,12

Fresh Fruit Pavlova - €5.95

Fresh Cream, Berry Coulis – Contains 1,2,4,6,7

Homemade Bakewell Tart - €6.50

Fresh Cream – Contains 1,2,3,6,11

Homemade Cheesecake of the Day - €6.50

Fresh Cream – Contains 1,2,3,4,6

Chef's Dessert of the Day - €5.95

Please Ask your Server

☕☕☕☕☕☕☕☕

Freshly Brewed Coffee €2.50
Cappuccino €3.00
Espresso €2.60
Mocha €3.30

Freshly Brewed Tea €2.20
Latte €3.20
Americano €2.60

Allergens – please be advised that any of our dishes may contain allergens

1=Cereals containing gluten 2= Dairy 3=Soy 4=Eggs
5=Celery 6=Tree Nuts 7=Peanuts
8=Shellfish 9=Fish 10=Mustard 11=Sesame Seeds
12=SO2 & Sulphites 13=Lupins 14=Mollusc



Lunch Menu

☕☕☕☕☕☕☕☕



Light Bites

Garlic Mushrooms - €6.95

Golden Fried Button Mushrooms, Garlic & Chive Dip, Dressed Leaves.
Contains 1,2,4,10,12

Puff Pastry Tartlet - €6.95

Crispy Puff Pastry Filled With Tomato Relish, Roasted Peppers
Glazed With French Brie, On a Bed of Garden Leaves Contains 1, 2,3,4,10,12

Bacon Caesar Salad - €5.95

Caesar Salad, crunchy Croutons & Parmesan Shavings
Contains 1, 2,3,4,5,6,10

Homemade Soup of the Day- €5.20

Contains 2, 5,6

Knock House Seafood Chowder - €6.50

Contains 2,5,8,9

Main Course

Knock House Roast of the Day - €13.95

Served with Bouquet of Vegetables and Potatoes Contains 1,2,3,5,12

Golden Fried Tempura Battered Hake €13.95

Served with a Side of Fries Mushy Peas
and Our Homemade Tartare Sauce Contains 1,4,9,12

Homemade Chicken Goujons €13.95

Lightly Spiced, Golden fried Chicken Breast Goujons
Side Salad, Fries and House Dip Contains 1,2,4,6,7,9,12

100% Irish Beef Burger - €12.50

Bacon, Cheese, Lettuce, Tomato, Mayonnaise, in a toasted Brioche Bun
Crispy Onion Rings, Coleslaw & French Fries Contains 1,2,3,4,10,12

House Style Chicken Curry - €12.50

Served with a Fragrant Rice and Poppadum Contains 1,2,3,5

Sweet Potato & Thyme Rosti - €12.00

Red Onion Marmalade, Gratin Goats Cheese,
Side Salad & French Fries Contains 1,4,12

Hot Sandwiches - €9.25 each

All our sandwiches are made to order and they are available on;

Lightly Toasted Tortilla Wrap Contains 2

OR Toasted Sesame Seed Panini Contains 1,2,4, 11



Traditional Roast Turkey & Ham With Herb Stuffing, Brie & Cranberry Sauce

Filling Contains 1,2,3,4



Chicken Special

Chicken Breast, Ballymaloe Relish, Roasted Red Peppers,
Red Onion & Mature Cheddar Cheese – Filling Contains 2,4

Classic Club Sandwich

Sliced Chicken, Grilled Bacon, & Freshly Sliced Tomato
Served with Mayonnaise and a Mixed Lettuce Filling Contains 4,10

Goats Cheese & Baby Spinach

Warm Soft Goats Cheese, Caramelised Red Onion & Baby Spinach
Filling Contains 1,2,4

Served with Chefs Salad Garnish & Crisps Garnish Contains 1,2,3,10,12

French Fries €3.50... The perfect side order for any of our delicious Wraps or Paninis



Soup and Sandwich Combo €9.95

Soup & Sandwich of your choice from the Selection of Freshly Cut Sandwiches below



Freshly Cut Sandwiches ~ €5.50 each

(On White or Brown Sliced Bread Contains 1,2,3,4
or Gluten Free Bread Contains 4)

Served with Chefs Salad Garnish & Crisps Contains 1,2,3,10

Fillings

Chicken with Salad Contains 2,4

Chicken Contains 2

Egg Mayonnaise Contains 2,4

Chicken, Herb Stuffing & Mayo Contains 1,2,3,4

Ham Salad Contains 2,4

Ham, Cheese & Spring Onion Contains 2

Salad Contains 2,4